

Sent: Monday, March 2, 2020 7:19 PM
To: Herman Brad <herman.brad@lucascubs.org>
Message:

Dear Superintendent Herman,

I trust that you were able to get some much needed rest during winter break.

This week it has come to my attention that this past Fall of 2019 specifically on October 29th, high school students participated in yoga in the Lucas High School gymnasium during Physical Education class.

At your earliest convenience, please provide me some detail on this matter. Did yoga (with yoga mats) indeed occur during school hours? Were parents notified about yoga being included as an activity? Were there parent permission slips? What grades were the students that participated and what poses did the students do? Was the Administration aware of these activities? Is this an ongoing activity occurring during school? And if so, what other grades are participating in yoga? Did the School Board purchase yoga mats or pay for speakers to come in to facilitate these yoga sessions?

Please respond in writing. Thank you Mr. Herman for taking time to address my questions.

Pastor Dallas Waggle

From: **Herman Brad** <herman.brad@lucascubs.org>
Date: Tue, Mar 3, 2020, 10:37 AM
Subject: RE: Yoga
To: Dallas Waggle

Good Morning,

I have attached information related to the yoga session in question. Yoga mats were used (at no expense to the district). Parent permission slips were not used, but students were notified at least one week prior to the activity. Mostly students from 9th grade participated in this one time session. The session focused on relaxation exercises. Dr. Metcalf our high school principal was aware. There were no additional costs incurred by the district for this activity.

Please let me know if you have any other questions.

Thanks,
Brad Herman
Superintendent